

USPC

JAIN PUBLIC SCHOOL

CLASS VII

SESSION 2026-2027

HOLIDAYS HOMEWORK

THEME

MY HERITAGE, MY PRIDE

Instructions



The Holidays Home Work is to be done in a neat and clean handwriting.



It must be submitted to the subject teachers on or before **10th July 2026**.



Homework must be submitted on time, else marks will be deducted.



It is important that deadlines are met.



The Holidays Homework is to be done on your concerned subject notebook. If the homework is a project, do it separately on an assignment sheet and put it in a file and decorate it beautifully with the details such as Name, Class & Section.



It must be well prepared. Good presentations skills will carry extra marks.



Attempt your homework by yourself under the guidance of your parents.



Revise the syllabus covered in the month of April and May.



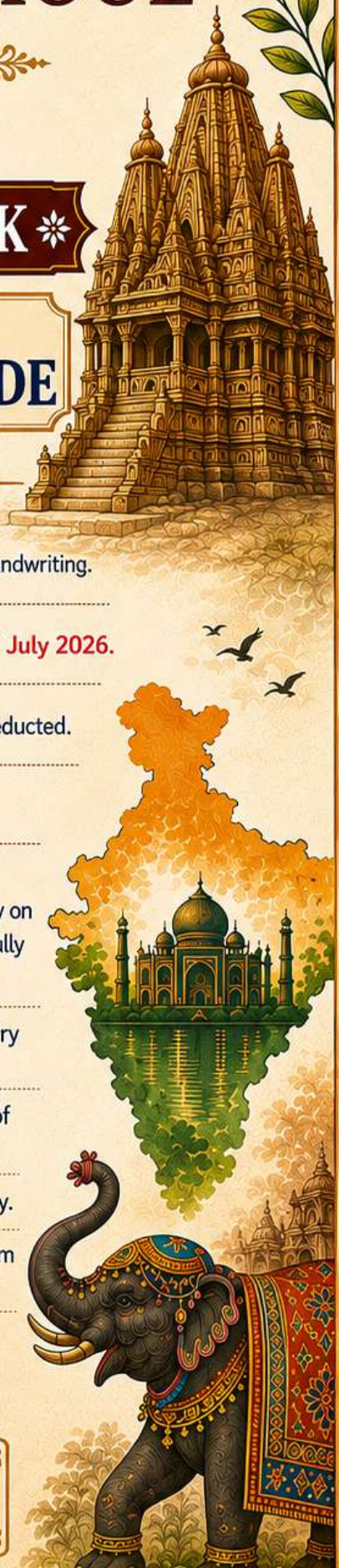
Prepare a systematic time table and follow it religiously from the very first day.



We request parents to encourage your child in shouldering responsibilities in household chores. It will aid them to be independent.

NOTE

IF YOU HAVE ANY QUERY RELATED TO ANY SUBJECT,
YOU CAN DROP YOUR QUERY ON THE SCHOOL APP
TO THE CLASS TEACHER.



HOLIDAYS HOMEWORK

THEME: MY HERITAGE, MY PRIDE

ENGLISH

1. Write an article (120–150 words) on:

"India's Heritage: Our Identity, Our Pride"

Include:

- Rich traditions of India
- Importance of preserving heritage
- Role of youth

Any other



2. Language Treasure Hunt

Collect 15 Indian words from different languages such as Punjabi, Hindi, Tamil, Bengali, Gujarati, Marathi etc.

Write:

- ✓ Meaning
- ✓ State they belong to

S.No.	Word	Meaning	Language
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			

HINDI

चित्र सहित "तब और अब"
की तुलना बनाइए!

	तब (पहले)	अब (आज)
खेल		
त्योहार		

अपने दादा-दादी/ नाना-नानी
या परिवार के किसी बड़े सदस्य
का इंटरव्यू लीजिये और पूछिए-
उनके समय के खेल
त्यौहार मनाने का तरीका
पारम्परिक भोजन
पुराने रीती रिवाज़
चित्र सहित वर्णन करें।

PUNJABI



ਪੰਜਾਬ ਦੀਆਂ ਕੋਈ 5 ਰਵਾਇਤੀ ਖੇਡਾਂ ਬਾਰੇ
ਲਿਖੋ ਅਤੇ ਸੰਬੰਧਿਤ ਤਸਵੀਰਾਂ ਵੀ ਲਗਾਓ
ਜਿਵੇਂ:

- ❖ ਖੇਡਾਂ ਦਾ ਤਰੀਕਾ
- ❖ ਖਿਡਾਰੀਆਂ ਦੀ ਗਿਣਤੀ
- ❖ ਦਿਲਚਸਪ ਤੱਥ

MATHEMATICS

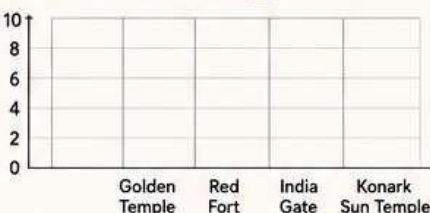
Activity 1: Heritage Survey

Conduct a survey of 10 family members/friends

Ask: Which is your favourite?

Monument	Votes
Golden Temple	
Red Fort	
India Gate	
Konark Sun Temple	

Represent data through: Bar Graph



Activity 2: The Konark Sun Temple is known for its beautiful stone wheels. Each wheel has 24 spokes.

Tasks:

- If one wheel has 24 spokes, find the total number of spokes in 2 wheels and 3 wheels.
- Complete the pattern:
24, 48, 72, __, __

SCIENCE

Activity 1: Research any two Ancient Indian Scientific Achievements from the topics given below:

- Aryabhata and Astronomy
- Architecture of Stepwells
- Iron Pillar of Delhi
- Ayurveda
- Ancient Water Harvesting Systems



For each topic, write the following:

- discovery/invention
- scientific principle
- importance
- one interesting fact
- Draw or paste a relevant picture/labelled diagram.



Activity 2: Find five traditional Indian practices with scientific reasons

Example: Applying turmeric in food

S.No.	Traditional Practice	Scientific Reason
1.		
2.		
3.		
4.		
5.		



SOCIAL SCIENCE

Activity 1: Prepare a report on the Golden Temple & answer the questions.

- ✓ Location
- ✓ Historical importance
- ✓ Architecture
- ✓ Interesting facts

Activity 2: On the political map of India mark:



- ♦ Punjab
- ♦ Rajasthan
- ♦ Gujarat
- ♦ Tamil Nadu
- ♦ West Bengal

Write one famous heritage symbol of each state.

- Punjab - _____
- Rajasthan - _____
- Gujarat - _____
- Tamil Nadu - _____
- West Bengal - _____



USPC JAIN PUBLIC SCHOOL
HOLIDAY ASSIGNMENT
Session 2026-2027

CLASS: VII

SUBJECT - ENGLISH

GENERAL TASK: Paste any 3 English Newspaper headlines along with their newspaper cuttings in your English Activity Notebook. Present your activity by decorating it beautifully and also underline the nouns highlighted in the news.

Q1. Choose the correct option

- a) The synonym of 'famous' is ____
i) well known ii) outcast iii) boring iv) inaction
- b) Who suggested that Dr. Dolittle become an animal doctor?
i) his sister ii) the cat food man iii) Polynesia the parrot iv) the local vet
- c) The antonym of 'amusing' is _____.
i) humorous ii) entertaining iii) boring iv) give up
- d) What did the funny man wear on his head?
i) a hat ii) a cap iii) a shoe iv) a currant bun
- e) She is a _____ girl. (adjective of quality)
i) honest ii) beautiful iii) one iv) many
- f) Can you give me _____ notebooks (fill with adjective of quantity)
i) two ii) three iii) much iv) some
- g) The sun is shining in the sky. Identify the verb
i) Transitive ii) Intransitive iii) both a and b iv) none of these
- h) The following question contains an assertion followed by a reason. Read them carefully and answer the following questions based on the following options.
i) Both Assertion(A) and Reason (R) are true and R is the correct explanation of A
ii) Both A and R are true but R is not the correct explanation of A.
iii) A is true, R is false
iv) A is false, R is true

Assertion- Dr. Dolittle can understand animal language.

Reason- Horses taught him animal language.

Q2. A) ANSWER THE FOLLOWING QUESTIONS:

- a) How can we say that Polynesia was a good trainer of animal language?
b) What does the poet wish to convey by highlighting the unusual behaviour of the funny man?

Q2. B) LONG ANSWER QUESTION:

- a) Describe the appearance and actions of the "Funny Man" in the poem. Why does the poet call him a "funny-sounding sight"?

Q3. You have visited an old age home today with your classmates. Express your feelings in the form of diary entry in not more than 150 words.

USPC JAIN PUBLIC SCHOOL

CLASS VII

HOLIDAY ASSIGNMENT

SUBJECT-HINDI

SESSION- 2026-2027

1. क) 'कतर' शब्द का विपरीतार्थक शब्द क्या है ?
(i) जोड़ना (ii) कर्म (iii) पाप (iv) कोई नहीं
- ख) 'अनूठा' शब्द का समानार्थक शब्द क्या है?
(i) प्राप्त (ii) अनोखा (iii) आलस (iv) कोई नहीं
- ग) फूल और काँटे को क्या एक जैसा मिलता है?
(i) हवा और पानी (ii) पत्ते (iii) पत्थर (iv) कोई नहीं
- घ) "फूल और काँटा" कविता के कवि का क्या नाम है?
(i) सोहन लाल (ii) राम (iii) अयोध्या सिंह उपाध्याय (iv) कोई नहीं
- ङ) हमारा भू जल भंडार किससे समृद्ध होता है?
(i) वर्षा के जल से (ii) हिन्द महासागर (iii) नल के जल से (iv) कोई नहीं
- च) जो अनुकरण करने योग्य हो का एक शब्द क्या होगा?
(i) गुरुमुखी (ii) बांग्ला (iii) अनुकरणीय (iv) देवनागरी
- छ) विशेषण के कितने भेद होते हैं?
(i) छः (ii) चार (iii) तीन (iv) आठ
- ज) दावा- काँटा तितलियों और भौरों को आकर्षित करता है ।
तर्क- फूलों के साथ पौधों पर काँटे भी उगते हैं, जो उसकी रक्षा करते हैं ।
i) दावा तथा तर्क दोनों सही हैं तर्क दावे की सही व्याख्या करता है।
ii) दावा तथा तर्क दोनों सही हैं किन्तु तर्क दावे की सही व्याख्या नहीं करता।
iii) दावा सही है तर्क गलत है।
iv) तर्क सही है दावा गलत है।
2. फूल और काँटे में क्या अंतर होता है?
3. पानी को रुपयों से अधिक मूल्यवान क्यों बताया गया है? पाठ के आधार पर लिखिए ।
4. यदि काँटे न होते और हर पौधा केवल फूलों से भरा होता तो क्या होता? व्याख्या कीजिए ।
5. अनुच्छेद लेखन:
आदर्श विद्यार्थी या प्रातः काल का भ्रमण
6. गद्यांश:
मनुष्य एक सामाजिक प्राणी है । समाज में उसके मित्र भी होते हैं तो शत्रु भी , परिचित भी तो अपरिचित भी। जहाँ तक शत्रुओं, परिचितों और अपरिचितों का प्रश्न है, उनको पहचानना बहुत कठिन नहीं होता, किंतु मित्र को पहचानना, सच्चे मित्र को पहचानना बहुत कठिन होता है। प्रायः देखा गया है कि एक ओर तो बहुत से लोग अपने -अपने स्वार्थ वश संपन्न, सुखी और बड़े आदमियों के मित्र बन जाते हैं या ज्यादा सही यह होगा कि यह दिखाना चाहते हैं कि वे उनके मित्र हैं । इसके विपरीत जहाँ तक गरीब , निर्धन और दुखी लोगों का प्रश्न है। मित्र बनाना तो दूर लोग उनकी छाया से भी दूर भागते हैं । कोई हमारा मित्र है या नहीं तब पता चलता है जब हम विपत्ति में होते हैं । इसलिए यह ठीक ही कहा जाता है कि विपत्ति मित्रता की कसौटी है।
क) मनुष्य कैसा प्राणी है और यहाँ कैसे -कैसे लोग होते हैं?
ख) किसको पहचानना बहुत कठिन होता है?
ग) समाज में प्रायः क्या देखा गया है?
घ) लोग किसकी छाया से भी दूर भागते हैं?
ङ) गरीब तथा सुखी का विलोम शब्द लिखिए?

ਪ੍ਰਸ਼ਨ 1:- ਬਹੁ ਵਿਕਲਪੀ ਪ੍ਰਸ਼ਨ :-

ਡਿੱਠੀ ਕਾਵਿ-ਟੁਕੜੀ (‘ ਹੇਠ ਲਿਖੀ ਡਿੱਠੀ ਕਾਵਿ-ਟੁਕੜੀ ਨੂੰ ਪੜ੍ਹ ਕੇ ਓ ਅਤੇ ਅ ਪ੍ਰਸ਼ਨ ਦਾ ਸਹੀ ਉੱਤਰ ਚੁਣੋ)

ਜਿਸ ਨੂੰ ਸ਼ੌਂਕ ਪੜ੍ਹਨ ਦਾ ਪੈ ਜਾਏ, ਪੜ੍ਹਨ ਲਈ ਉਸ ਕੋਲ ਵਿਹਲ ਬਥੇਰੀ।

ਪੁਸਤਕਾਂ ਦਿੰਦੀਆਂ ਚਾਨਣ ਸਾਨੂੰ, ਅਗਿਆਨਤਾ ਵਾਲੀ ਰੋਕਣ ਹਨੇਰੀ।

ਸਕੂਲ ਮੇਰੇ ਦੀ ਲਾਈਬ੍ਰੇਰੀ, ਜਿੱਥੇ ਲੱਗੀ ਗਿਆਨ ਦੀ ਢੇਰੀ।

ਓ) ‘ਬਥੇਰੀ’ ਸ਼ਬਦ ਦਾ ਅਰਥ ਦੱਸੋ।

- i) ਜਿਆਦਾ ii) ਜਾਦਾ iii) ਜਿਆਦਾ iv) ਜਾਂਦਾ

ਅ) ‘ਗਿਆਨ’ ਸ਼ਬਦ ਦਾ ਵਿਰੋਧੀ ਦੱਸੋ।

- i) ਅਗਾਂ ii) ਅਗਿਆਨ iii) ਅਗਾਂਹ iv) ਅਗਿਆਨ

i) ਦ ਅਤੇ ਤ ਦੋਨੋਂ ਠੀਕ ਹਨ। ii) ਦ ਅਤੇ ਤ ਦੋਨੋਂ ਗਲਤ ਹਨ।

iii) ਦ ਠੀਕ ਹੈ ਪਰ ਤ ਗਲਤ ਹੈ। iv) ਦ ਗਲਤ ਹੈ ਪਰ ਤ ਠੀਕ ਹੈ।

ੲ) ਦਾਅਵਾ:- ਲਾਈਬ੍ਰੇਰੀ ਸਕੂਲ ਦਾ ਸਭ ਤੋਂ ਮਹੱਤਵਪੂਰਨ ਸਥਾਨ ਹੈ।

ਤਰਕ:- ਇੱਥੇ ਸਕੂਲ ਦੇ ਬੱਚੇ ਮਿਲ ਕੇ ਖੇਡਦੇ ਹਨ।

ਹ) ‘ ਕੇਸ਼ ’ ਸ਼ਬਦ ਦਾ ਸ਼ੁੱਧ ਸ਼ਬਦ ਚੁਣੋ।

- i) ਕੈਸ਼ ii) ਕਾਸ਼ iii) ਕੇਸ਼ iv) ਕੇਸ

ਖ) ‘ ਸੱਚ ’ ਸ਼ਬਦ ਦਾ ਵਿਰੋਧੀ ਸ਼ਬਦ ਚੁਣੋ

- i) ਜੁਠ ii) ਜੂਥ iii) ਜੁਟ iv) ਝੂਠ

ਪ੍ਰਸ਼ਨ 2. i) ਛੋਟੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉੱਤਰ ਦਿਓ।

ਓ) ਸ਼ੁਰੂ ਵਿੱਚ ਮਿੰਨੀ ਕਾਬਲੀ ਵਾਲੇ ਤੋਂ ਕਿਉਂ ਡਰਦੀ ਸੀ?

ਅ) ਨਾਵ ਕਿਸ ਨੂੰ ਕਹਿੰਦੇ ਹਨ?

ਪ੍ਰਸ਼ਨ 2 ii) ਵੱਡੇ ਪ੍ਰਸ਼ਨ ਦਾ ਉੱਤਰ ਦਿਓ।

ਓ) ਰਬਿੰਦਰ ਨਾਥ ਟੈਗੋਰ ਬਾਰੇ ਤੁਸੀਂ ਕੀ ਜਾਣਦੇ ਹੋ?

ਪ੍ਰਸ਼ਨ 3. ‘ ਬਾਂਦਰ ਅਤੇ ਮਗਰਮੱਛ ’ ਵਿਸ਼ੇ ਤੇ ਕਹਾਣੀ ਲਿਖੋ ਅਤੇ ਇਸਦੀ ਸਿੱਖਿਆ ਵੀ ਲਿਖੋ।

USPC JAIN PUBLIC SCHOOL

CLASS:VII

HOLIDAY ASSIGNMENT

SUBJECT:MATHS

1. MULTIPLE CHOICE QUESTIONS

a) The decimal form of 146 hundredths is ____.

i) 0.46 ii) 14.6 iii) 1.46 iv) 0.146

b) The lowest form of decimal 0.008 will be ____.

i) $\frac{4}{50}$ ii) $\frac{8}{100}$ iii) $\frac{4}{25}$ iv) $\frac{8}{1000}$

c) 0.235 lies between

i) 0.2 & 0.23 ii) 0.25 & 0.263 iii) 0.234 & 0.25 iv) none of these

d) The decimal form of $500 + 2 + \frac{8}{100}$ is ____.

i) 502.08 ii) 52.08 iii) 502.8 iv) 52.80

e) Case study based

A recipe for a lentil soup that serves 4 people requires 0.25 kg of lentils and 0.05 kg of a special spice mix.

i) How many kilograms of lentils are required per person?

ii) A chef wants to prepare this soup for a party of 10 people. How many kilograms of lentils will be needed?

iii) After preparing for the party, how much will be left from a new 1 kg bag of lentils?

f) Answer the following questions selecting appropriate option given below:

i. Both Assertion(A) and Reason (R) are correct and Reason is the correct explanation of Assertion(A).

ii. Both Assertion(A) and Reason (R) are correct and Reason is not the correct explanation of Assertion(A).

iii. Assertion(A) is true but Reason (R) is false.

iv. Assertion(A) is false but Reason (R) is true.

Assertion (A): A 52 mm photograph is equivalent in size to a 5.2 cm photograph.

Reason (R): Millimeters and centimeters are both units in the metric system.

Assertion (A): In a Formula 1 race, a lap time of 81.05 seconds is faster than a lap time of 81.5 seconds.

Reason (R): Smaller numbers represent faster times in racing

2. FILL IN THE BLANKS:

a) Ten times $1\frac{1}{10}$ is ____.

b) Next term in the series $4, 4\frac{2}{10}, 4\frac{4}{10}, \underline{\hspace{1cm}}, \underline{\hspace{1cm}}$.

c) 4567cm = ____m.

d) 2533 mm = ____cm.

e) ____mm = 56.7cm.

3. ANSWER IN TRUE/FALSE:

a) A decimal has a decimal point. ____

b) Tenths place comes just after the decimal point. ____

c) 2.02.02.0 and 222 are equal. ____

d) $0.09 > 0.90.09 > 0.90.09 > 0.9$. ____

e) Decimals can be represented on a number line. ____

f) When multiplying a decimal by 10, the decimal point moves left. ____

4. SOLVE THE FOLLOWING:

a) Observe the given sequences of numbers. Identify the change after each term and extend the pattern:

i) $8\frac{2}{10}, 8\frac{7}{10}, 9\frac{2}{10},$ _____, _____, _____, _____.

ii) $7\frac{6}{10}, 8\frac{7}{10},$ _____, _____, _____, _____.

iii) $5\frac{7}{10}, 5\frac{3}{10},$ _____, _____, _____, _____.

b) i) How many thousandths make one unit?

ii) How many thousandths make one tenth?

iii) How many thousandths make one hundredth?

iv) How many tenths make one ten?

v) How many hundredths make one ten?

c) Make a place value table similar to the one above. Write each quantity in decimal form and terms of place value, and write number name:

i) 2 ones, 3 tenths, and 5 hundredths

ii) 1 ten and 5 tenths

iii) 4 ones and 6 hundredths

iv) 1 hundred, 1 one, and 1 hundredth

d) Identify the change and write the next 3 terms for each sequence given below. Try to do this computation mentally.

i) 4.4, 4.45, 4.5, ...

ii) 25.75, 26.25, 26.75, ...

iii) 10.56, 10.67, 10.78, ...

iv) 13.5, 16, 18.5, ...

USPC JAIN PUBLIC SCHOOL

HOLIDAYS ASSIGNMENT

SESSION – 2026 – 2027

CLASS – VII

SUBJECT: SCIENCE

Q1. Choose the correct option:

- a. Menstruation occurs in _____.
i) boys ii) girls iii) both i and ii iv) none of these
- b. The adolescent age group is generally _____ years.
i) 5-9 ii) 11-19 iii) 21-27 iv) 25-35
- c. One important aspect of personal hygiene during adolescence is _____.
i) skipping meals ii) avoiding exercise
iii) bathing regularly iv) sleeping less

Case Study-Based Questions:

Riya is 13 years old. She notices an increase in height, sweating, and emotional changes. She also feels shy sometimes.

- d. What stage of life is Riya going through?
i) adolescent ii) childhood iii) adulthood iv) all of the above
- e. Why do emotional changes occur during adolescence?
i) due to hormonal change ii) due to hygiene.
iii) due to work iv) None of these

Assertion reasoning questions:

The questions given below consists of an assertion and reason. Use the following key to choose the appropriate answer.

- i) Both assertion and reason are correct statement and reason is correct explanation for assertion.
- ii) Both assertion and reason are correct statement and reason is not correct explanation for assertion.
- iii)
- iii) Assertion is correct and reason is false
- iv) Assertion is wrong statement but reason is correct statement

f. Assertion – Personal hygiene is important during adolescence. **Reason** – Sweat glands become more active during puberty.

- g. Assertion** – Adolescents should avoid exercise.
Reason- Exercise helps in maintaining good health.

Q2a. Short answer type questions:

- a. Name two physical changes during adolescence.
- b. What is menstruation?

Q2b. Long answer type questions:

- a. Explain the changes that occur during adolescence.

Q3. Draw and explain:

- a. Why is personal hygiene more important during adolescence than during childhood?

USPC JAIN PUBLIC SCHOOL

HOLIDAYS HOMEWORK

Session- 2026-2027

CLASS: VII

SUBJECT: SOCIAL SCIENCE

Q.1 CHOOSE THE CORRECT OPTION:

a. What does a hygrometer measure?

- I. wind speed II. air pressure III. humidity IV. rainfall

b. Which script was used for Ashoka's edicts?

- I. Devanagari II. Tamil III. Brahmi IV. Greek

c. The 12 jyotirlingas are dedicated to which deity?

- I. Vishnu II. Shiva III. Brahma IV. Ganesha

d. The Kumbh Mela is held at how many sites?

- I. 2 II. 3 III. 4 IV. 5

ASSERTION & REASONING QUESTIONS:

The questions below consist of an assertion and a reason. Use the following key to choose the appropriate answer.

- I. Both A and R are true and R is the correct explanation of A.
II. Both A and R are true but R is not the correct explanation of A.
III. A is true but R is false.
IV. A is false but R is true.

e. Assertion (A): The Ganga and Son rivers helped in Magadha's economic rise.

Reason (R): These rivers were used for transportation and trade.

f. Assertion (A): The sun plays a major role in changing the weather.

Reason (R): The sun heats different parts of the earth unequally.

CASE STUDY BASED QUESTIONS:

About 2,500 years ago, a prince named Gautama Buddha was born in Lumbini, which is in present-day Nepal. His childhood name was Siddhartha Gautama. He lived a luxurious life in a palace, but he was deeply affected after seeing sickness, old age, and death around him. He wanted to find a way to end human suffering. At the age of 29, Siddhartha left his palace and began searching for truth. After many years of meditation under the Bodhi tree at Bodh Gaya, he attained enlightenment and became known as Buddha, meaning "The Enlightened One." Buddha taught that people suffer because of greed and desire. He gave the message of peace, kindness, non-violence, and truth. His teachings are called the Four Noble Truths and the Eightfold Path. Buddhism spread to many countries such as India, China, Sri Lanka, Japan, and Thailand. Buddhists worship in monasteries called viharas and follow the teachings of Buddha to live a simple and peaceful life.

g. What does the word 'Buddha' mean?

- I. the King II. the Teacher III. the enlightened one IV. none of these

h. Where did Buddha attain enlightenment?

- I. Lumbini II. Sarnath III. Kushinagar IV. Bodh Gaya

i. What was one important teaching of Buddhism?

- I. violence and war II. peace and kindness III. luxury and wealth IV. none of these

Q. 2a. SHORT ANSWER BASED QUESTIONS:

a. Differentiate between weather and climate.

b. How did ancient pilgrimage routes and sacred places help trade and the economy grow?

Q. 2b. LONG ANSWER BASED QUESTIONS:

Why is Alexander the Great considered an important king in world history?

Q. 3 DRAW & EXPLAIN:

Draw a flow chart showing how we can measure and monitor the weather around us.



PART A: LEARNER'S INSIGHTS



About Me:

I am inspired by

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because

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My hobbies are

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My strengths are

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I am interested to learn more about

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When I grow up, I want to be

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My goal this year is to

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the 3 things that will help me achieve my goals

are

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I need support in

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